EXPERIENTIAL ADVENTURE AND COMMUNITY-BASED RESILIENCY MODEL

PARTICIPANTS’ EXISTING EXTERNAL AND INTERNAL ASSETS

- Prescriptive Programming
- Adventure-Based Activities
- Civic Engagement

INCREASED RESILIENCY

- Internal Assets
- External Assets

IMPROVED OUTCOMES

- Self-Efficacy
- Empathy
- Cooperation
- Goal Setting
- Problem Solving
- Self-Awareness

APPLICATION IN WORLD

- Practice Implementing Skills
- Continuing and Consistent Use of Similar Tools and Language in ongoing experiences.

EXPERIENCE AND REFLECTION

- Successful Application of Skills
- Increase in base of participants existing external and internal assets

PRACTICE AND TRANSFER

Hiking, Camping, Rock Climbing, Ropes/Challenge Courses, Whitewater Rafting, Initiatives, Life skills, Counseling Connection to Outdoors
Youth Organizing, Community Mobilization & Service Learning

(Positive Values, Positive Identity, Social Competencies)
(Caring Staff, Caring Community)